

Flores (Latin Name)	Flowers (English Name)	Harvesting Time
Robina pseudo acacia	Acacia/ Wattle flower	June-July
Bellis perennis	Daisy flower	April -May
Calendula officinalis	Marigold flower	May-June
Centaurea cyanus	Cornflower Blue Petals	June-July
Helianthus annus	Sunflower Petals	July-September
Helichrysum italicum	Everlasting flower	June-July
Malva sylvestris	Mallow flower	May-July
Matricaria recutita	Chamomile flower	June-July
Papaver rhoeas	Red poppy flower	May-July
Primula veris	Cowslip flower	March-April
Trifolium pratense	Red clover blossoms	May-July
Tussilago farfara	Coltsfoot flower	June-July
Achillea millefolium	Yarrow flower	June-July
Verbascum thapsus	Mullein flower	June-August
Lavandula Angustifolia	Lavender Flower	June-July
Tilia officinalis	Linden flower	June
Tilia argentea	Linden flower	June
Sambucus nigra	Elderberry flower	Мау
Fructus	Dried Fruits/ Berries	Harvesting Time
Sambucus ebulus	Danewort fruit	August- September
Sambucus nigra	Elderberry fruit	August- September
Crataegus monogyna	Hawthorn fruit	September-October
Juniperus communis	Juniper Berries	August-September
Juniperus oxycedrus	Cade /Prickly juniper	September-
Malus sylvestris	Wild apple	August-September
Vaccinium myrtillus	Wild Bilberries	August-September
Rosa canina	Dog rose/ Rosehips	September -
Prunus spinosa	Sloe Berries	September
Radix	Roots	Harvesting Time
Chicorium intybus	Common chicory Root	October-November
Ononis spinosa	Restharrow Root	October-November
Ruscus aculeatus	Butcher's-broom Root	October-November
Taraxacum officinalis	Dandelion Root	October-November

Sapunaria officinalis	Soapwort Root	October-November
Althea Officinalis Radix	Marshmallow Roots	October-November
Arctium Llapa / Bardanea	Burdock Root	October-November
Valeriana Officinalis Rizoma	Valerian Root	October-November
Herb	Herb	Harvesting Time
Artemisia absinthum	Wormwood herb	July-August
Artemisia vulgaris	Mug wort herb	July-August
Betula Pendula	Birch Leaves/branches	July-August
Centaurium erythraea	Centaury herb	June-July
Cichorium inthybus	Chicory herb	June-July
Cistus incanus	Rock rose herb	June-August
Epilobium angustifolium	Fireweed herb	June- August
Equisetum arvense	Horsetail herb	June-August
Galium verum	Lady's bedstraw herb	June-August
Hypericum perforatum	St John's Wort herb	June-July
Melissa officinalis	Lemon balm herb	June-October
Ocimum basilicum	Basil herb	June-July
Olea europeae	Olive leave	July
Origanum vulgareae	Oregano herb/leave	July-September
Plantago lanceolata	Ribwort Plantain	June-October
Plantago mayor	Broadleaf plantain	June-October
Folia	Leaves	Harvesting Time
Aloysia Citrodora	Lemon Verbena leaf	June
Althea officinalis	Marshmallow leaf	June-October
Betula Pendula	Birch leaf	July
Cichorium inthybus	Chicory leaf	June-October
Cistus incanus	Rock rose leaf	June-September
Corylus avellana	Witch hazelnut leaf	July
Eucalyptus	Eucalypts leaf	July
Fraxinus excelsior	European ash leaf	July
Hedera helix	Common Ivy leaf	June
Laurus nobilis	Laurel leaf	June-July
Melissa officinalis	Lemon balm leaf	June-October
Ocimum basilicum	Basil leaf	June
Olea europeae	Olive leaf	June-July
Origanum vulgareae	Oregano leaf	June-October
Plantago lanceolata	Ribwort Plantain leaf	June-October

Plantago mayor	Broadleaf plantain leaf	June-October
Rosmarinus officinalis	Rosemary leaf	June-July
Rubus fructicosus	Blackberry leaf	May-July
Rubus idaeus	Raspberry leaf	June-July
Salvia officinalis	Sage leaf	June-October
Salvia triloba	Greek sage leaf	June-July
Thymus serpyllum	Wild lemon thyme	June-July
Thymus vulgaris	Thyme leaf	June-July
Urtica dioica	Nettle leaf	May-October
Uva ursi folia	Bearberry leaf	June-July
Verbascum thapsus	Mullein leaves	June-October
Mentha piperita	Peppermint leaves	May-October
Mentha spicata	Spearmint leaves	May-Octobre
Juglandis nigra	Walnut leaves	June
Fragaria vesca	Wild strawberry leaves	June
Essential Oils	Essential Oils	
Helichrysum italicum	Everlasting Oil	
Eucalyptus	Eucalypts Oil	
Satureja montana	Savory Oil	
Thymus capitatus	Conehead thyme	
Laurus nobilis	Laurel Oil	
Lavandula	Lavender Oil	
Origanum vulgare	Oregano Oil	
Rosmarinus officinalis	Rosemary Oil	
Salvia officinalis	Sage Oil	
Juniperus	Juniper Berries Oil	
Myrtus communis	Myrtle Oil	